



MARATHON COURSE

- Start - Canal St South at Post Office
- South on Canal / Erie
- Right at Lock 4 to Ohio & Erie Canal Towpath Trail
- Left onto Towpath Trail
- South to 180 turnaround (7.75 miles)
- North past Finish Line (15.5 miles)
- North to 180 turnaround near Franklin Trailhead (20.8 miles)
- South to Finish Line at St Helena Heritage Park

